THE SUMMIT
Sports and Ice Complex

AIMHigh
Sports

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Learn-to-Skate
Fall Session 2017

US FIGURE SKATING

USA HOCKEY

Class Dates:
Wednesday Session from 5:30pm - 6:20pm
September 13th – October 18th

Cost:
$105 for all 6 classes (Includes USFSA #)
Drop In: $20.00 per class

Snowplow Sam:
(Ages 3-5)
Snowplow Sam levels are designed to help the pre-school age skater develop preliminary coordination and strength to maneuver on the ice.

Basic 1-8:
(Ages 6 and older)
The basic skills are the fundamentals of the sport. These eight levels of the program introduce the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and Mohawks. Upon completion of Basic 1-8 levels, skaters will have a basic knowledge of the sport, enabling them to advance to more specialized areas of skating.

Freestyle 1-6:
(Must have completed Basic 8)
Each free skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The free skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating.

Fall 2017 Learn-to-Skate Registration Form

SKATER'S NAME _____   TELEPHONE _____

GUARDIAN _____   EMAIL _____

ADDRESS _____   CITY _____ STATE ____ ZIP _____

DATE OF BIRTH _____   AGE ____ LEVEL REGISTER FOR _____

PARTICIPANT OR PARENT/GUARDIAN SIGNATURE _____   DATE _____