

PURE SWEAT

PURE SWEAT SUMMER SKILLS ACADEMY

LED BY ELITE SKILLS COACH TRAFFORD HANNON • PROGRAM DESIGNED BY NBA SKILLS COACH DREW HANLEN

7 WEEKS STARTING JUNE 12 - JULY 31, 2017

AIM HIGH SPORTS • 7977 CENTERLINE • DIMONDALE, MI 48821

SKILLS COVERED:

SHOOTING
FINISHING TECHNIQUES
ISOLATION & SEPARATION MOVES
TRIPLE THREAT PLAY
DRIBBLING & HANDLING PRESSURE
OFF THE BALL WORK
BALL SCREEN WORK

ACADEMY FEATURES:

PROGRESSIVE CURRICULUM
DETAILED PLAYER EVALUATIONS
CUSTOMIZED WORKOUTS
GAME-SIMULATED DRILLS
DECISION MAKING
HOMEWORK ON OFF DAYS

MONDAYS

GRADES 4 & 5: 4 -5pm

BOYS

6 & 7: 5 -6pm

8 - 12: 8 - 9pm

GIRLS

6 & 7: 6 - 7pm

8 - 12: 7 - 8pm

**BOYS & GIRLS
GRADES 4 - 12**

1 WORKOUT/WEEK FOR 7 WEEKS - \$220

50% DUE AT REGISTRATION! REMAINING BALANCE DUE 7/10

REGISTER TODAY TO SAVE YOUR SPOT! @ EVENTS.PURESWEATBASKETBALL.COM

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